

MONDAY



TUESDAY



WEDNESDAY 1

THURSDAY 2

FRIDAY 3

Brk: Mini Pancakes, Apple Sauce, Milk
AM Snack: Crackers and Apple butter
Lunch: Chicken Alfredo, Corn, Mix fruit, Milk
PM Snack: Popcorn (under 2 yrs. Cheese-its) + Fruit

Brk: Cheerios & Pears, Milk
AM Snack: Oatmeal Cookies/ Bananas
Lunch: Cheese quesadillas, Green beans, Apple slices, Milk
PM Snack: Veggie Straws/Cheese

Brk: French toast, Pears, Milk
AM Snack: Fig Newtons
Lunch: Oven roasted turkey/cheese sandwich, Mix fruit, Mix vegs, Milk
PM Snack: Goldfish + Mandarin oranges

6

Brk: Cheerios, Milk, Mix fruit
AM Snack: Chex mix w/dried fruit
Lunch: Ham rollups, chips, peas, mandarin oranges, Milk
PM Snack: Cheese-its/Pears

7

Brk: Mini pancakes, Mandarin Oranges, Milk
AM Snack: Cheese sticks & crackers
Lunch: Grilled cheese/Tomato soup, Pineapples, Mix veggies, Milk
PM Snack: Fruit muffins

8

Brk: Cinnamon toast & Applesauce, Milk
AM Snack: Fruit Gogurts
Lunch: Chicken nuggets, Mash Potato, Bananas, Milk
PM Snack: Graham crackers & Raisins

9

Brk: English muffins & Peaches, Milk
AM Snack: Bananas & Vanilla Wafers
Lunch: Frito chili pie, Pears, Corn, Milk
PM Snack: Veggie Crackers/ Cream Cheese

10

Brk: Raisin bread, Milk, peaches
AM Snack: Cheese sticks/Ritz crackers
Lunch: Turkey/cheese rollups, green beans, mixed fruit
PM Snack: Oatmeal cookies/oranges

13

Brk: Cheerios & Applesauce, Milk
AM Snack: Oatmeal Cookies/ Fruit
Lunch: Cheese quesadillas, Green beans, Apple slices, Milk
PM Snack: Veggie Straws

14

Brk: Cheese toast & Pears, Milk
AM Snack: Celery& Sun butter
Lunch: Beanie Wienies, Oranges, Green beans, Milk
PM Snack: Graham Crackers / Bananas

15

Brk: Waffles, Mand Oranges, Milk
AM Snack: Animal crackers/AppleSauce
Lunch: BBQ Meatballs, Mashed potatoes, Mix fruit, Mix vegs, Milk
PM Snack: Goldfish + Fruit

16

Brk: French toast sticks, Milk, Pears
AM Snack: Fruit yogurt
Lunch: Fish sticks, Tator tots, Carrots, Pears
PM Snack: Animal crackers/raisins

17

Brk: Biscuits/jelly, Milk, Pears
AM Snack: Fruit bars
Lunch: Smoked Turkey rollups, corn, pineapples
PM Snack: Cheese quesadillas

20

Brk: Raisin Bran, Milk, pears
AM Snack: Pears/vanilla wafers
Lunch: Bologna sandwiches, Chips, Mix vegs, applesauce
PM Snack: Fruit snack bars

21

Brk: Mini pancakes, Milk, peaches
AM Snack: Cucumbers/ranch
Lunch: Red beans/rice w/sausage, mix vegs, Mix fruit
PM Snack: Trail mix/dried fruit

22

Brk: Biscuits/jelly, Milk, Pears
AM Snack: Fruit muffins
Lunch: Turkey rollups, corn, pineapples
PM Snack: Cheeseballs/raisins

23



24



27

Brk: French toast sticks, Pears, Milk
AM Snack: Fruit bars
Lunch: Frito pie, Mix vegs., Pears, Corn, Milk
PM Snack: Trail mix w/fruit

28

Brk: Cheerios & Applesauce, Milk
AM Snack: Fruit Yogurt
Lunch: Chicken nuggets, Mash Potato, Pineapples, Milk
PM Snack: Brownies & Raisins

29

Brk: Breakfast bars & Applesauce, Milk
AM Snack: Cheese & crackers
Lunch: Sloppy joes, Mix fruit, Green beans, Milk
PM Snack: Popcorn (under 2 yrs. Cheese-Its) + Fruit

30

Brk: Rice Krispies & Pears, Milk
AM Snack: Strawberry Newtons
Lunch: Lasagna, Stewed carrots, Peaches, Milk
PM Snack: Cream cheese rollups

